

Sodality of Our Lady
Celebrating 65 Years
1947 - 2012

The Marian Messenger

Bi-monthly newsletter of the Sodality of Our Lady

"O Jesus living in Mary, Come and live in thy Servants"



Prefect's Perspective

Hello everyone. I've been attending Stations of the Cross on Friday evenings and have been thinking a lot about Mary and her walk of devotion and love during her son, Jesus', Passion, Death, and Resurrection. Mary, like any parent, loves her son and is proud of his accomplishments and hurts when her child is in pain. At the fourth station, when Jesus meets his mother, we experience Jesus' suffering through the eyes of Mary. She stood there, with her heart breaking, letting him know by her presence that he was not alone. She couldn't stop what was going to happen, but she could be "present" to give him support and bear witness to his life. We all can be like Mary; we can be present during this special time of Lent. Let's take time to listen with an open heart and allow the Holy Spirit to guide us to a closer relationship with God.

"O Jesus, living in Mary, Come and live in thy Servants."

May you and your family have a blessed Lenten and Easter season.

Blessings,

JoEllen

**"Hope is the thing with feathers
 that perches in the soul--
 and sings the tune without words
 and never stops -- at all"**

Emily Dickenson

Calendar of Events

- March 3 Sodality Mass & Meeting
 Newsletter Published
- March 8-10 Sodality Union Retreat
- March 16-17 White Elephant Sale
 Bake Sale & Coffee Social
- March 21 EC Meeting @ 7pm
- March 22-24 Palm Sunday Retreat
- March 25 Feast of the Annunciation
- March 31 Easter
 Junior Sodality Easter Eggs
- April 3 A Taste of Home: UMD
 Newman Center
- April 6 Sodality Union Meeting
 Raffle Winners Announced
- April 7 Sodality Mass & Meeting
- April 25 EC Meeting @ 7pm
 Newsletter Articles Due

March and April Birthdays

- March 2 Barbara Ford
- March 13 Sally Bershach
- March 22 Martha Loutsch
- March 23 Frances Marra
- March 24 Laurie Njoku
- April 7 Mary Ann Tretler
- April 14 Cindy Perry
- April 20 Blanche Rumbold

Reminder:

The St. Hugh Women's Palm Sunday retreat is planned for March 22-24 at the Washington Retreat House. The retreat house is located at 4000 Harewood Road, N.E. in Washington, DC 20017. Reservations are requested by March 8 and may be made by calling (202) 529-1111. Full payment of \$30.00 is due in advance for the Saturday only session; a deposit of \$25 will hold your place if you plan to attend for the entire weekend. The suggested donation for the entire weekend is \$160.00.

Attendees at the Washington Retreat House's New Year's Retreat



Left row from left to right: Magdalene Fuchs, Bridgette McDermott, Mary Ann Tretler, Judith Davino, Laurie Njoku, Cecilia Licerio. Right row from left to right, Cindy Perry, Mame Ellis, Ellen Hanyok, JoAnn McCarthy; Not pictured, Cathy Holcombe.

What to Give up for Lent...

Here is another way of thinking about what it means to "give up" during Lent.

The inspirational newsletter *Apple Seeds* shared the following reflection from EWTN.com:

"Give up complaining—focus on gratitude. Give up pessimism—become an optimist.

Give up harsh judgments—think kindly thoughts. Give up worry—trust Divine Providence.

Give up discouragement—be full of hope. Give up bitterness—turn to forgiveness.

Give up hatred—return good for evil. Give up anger—be more patient.

Give up pettiness—become mature. Give up jealousy—pray for trust.

Give up gossiping—control your tongue. Give up sin—turn to virtue.

Give up giving up—hang in there!"

Don't be daunted by any of these goals. Just ask Jesus to be your support as you become the person He created you to be.

Bear fruit worthy of repentance. (Matthew 3:8)

Help me grow closer to You, Jesus.

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Look for St. Hugh's Sodality Members on TV

On the third and fifth Sunday's of Lent 2013, look for members of the St. Hugh's Sodality on TV 50. Numerous Sodalists participated in the prerecorded Masses for the homebound at the Basilica of the National Shrine of the Immaculate Conception in early February. St. Hugh's choir, which includes numerous Sodalists: Mary Moien, Kathleen McFarland, Mary Ann Tretler, Barbara Ford, and others, provided the music for the Mass under the direction of Jennifer Goltz. Several other Sodalists were in the congregation, including Mame Ellis, Bridgette McDermott, Margaret Zanin, Marti Galvin and Magdalene Fuchs. Cindy Perry served as the lector.

Prayer of St. Patrick

As I arise today,
 may the strength of God pilot me,
 the power of God uphold me,
 the wisdom of God guide me.
 May the eye of God look before me,
 the ear of God hear me,
 the word of God speak for me.
 May the hand of God protect me,
 the way of God lie before me,
 the shield of God defend me,
 the host of God save me.
 May Christ shield me today.
 Christ with me, Christ before me,
 Christ behind me,
 Christ in me, Christ beneath me,
 Christ above me,
 Christ on my right, Christ on my left,
 Christ when I lie down, Christ when I sit,
 Christ when I stand,
 Christ in the heart of everyone who thinks of me,
 Christ in the mouth of everyone who speaks of me,
 Christ in every eye that sees me,
 Christ in every ear that hears me.
 Amen

Two Easter Prayers

Jesus, thank you for the gift of your Blessed Mother, who models perfect love for us, in our love for you, make us fiercely protective of you from others' scorn. And help us remember that when we are present to those who are hungry, tired, and sad, those who are difficult, stubborn, and forgetful, we are loving you.

Paschal Victim, Show me the way to give my life for others.
 Paschal Victor, Strengthen me with your everlasting life.
 Alpha and Omega, May every day begin and end with you.
 Resurrection and Life, Lead me to your side for eternity.
 King of Kings, Grant humility to all who are in authority.
 Lord of Lords, Bestow wisdom on all who seek your will.
 Christ, whose name I bear in Baptism, Let my every thought, word, and deed Be christened for your glory.
 Amen! Alleluia!

The Stations of the Cross with Mary: Then and Now

If you would like to meditate on the Stations of the Cross from Mary's perspective, go to www.creighton.edu/CollaborativeMinistry/online.html. Click on the "Stations of the Cross" link at the top of the page and then look for the above title.

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Prayer for Pope Benedict XVI *

Jesus, You gave to us a great Pope in Benedict XVI. You blessed him with wisdom, insight and intelligence to help guide Your Church on an intellectual level. We pray for his ministry as a teacher specifically through his writing. We pray that his writings about You will reach the whole world with Your saving message. We pray for a deeper understanding of our faith through the Pope's writings.

[Insert your intentions and personal petitions for the Pope here]

Let us pray for Benedict, the Pope.

May the Lord preserve him,
give him a long life,
make him blessed upon the earth,
and not hand him over
to the power of his enemies.

May Your hand be upon Your holy servant.

And upon Your son, whom You have anointed.

*The complete novena prayer and more can be found on the web at www.praymorenovenas.com.

Reminder...

Our lector for March 3: **Suzanne Lomax**

Gift bearers: **Betty Triplett and Bridgette McDermott**

Flowers for the BVM: **Lent/NA**

Our lector for April 7: **Rita Radich**

Gift bearers: **open**

Flowers for the BVM: **Barbara Ford**

Our lector for May 5: **Suzanne Lomax**

Gift bearers: **open**

Flowers for the BVM: **Martha Loutsch**

PRAYER CORNER

Let us remember our fellow Sodalists and parishioners and their family members in our prayers...

... for the repose of the soul of Nick Pergola who passed away on February 3. He was a member of St. Hugh's Knights of Columbus. His wife Vita, who died in 2006 was a member and past Vice Prefect of St. Hugh's Sodality.

...and for all those intentions written in the Sodality Prayer Book.

For back issues of the Marian Messenger and other Sodality documents go to:
www.sthughofgrenoble.org
Click on "Our Church" and then "Sodality of Our Lady".