



St. Hugh of Grenoble  
Catholic Church  
135 Crescent Rd.  
Greenbelt, MD 20770

# The Marian Messenger

Bi-monthly Newsletter of the Sodality of Our Lady

Volume 3, Issue 4

January 2, 2011

**Mary, Our Mother, Teach Us To Shine Your Quiet Light On Our Pathway to Jesus**

## Important Dates:

- Jan 7 Jr Sodality Mtg @ 6:30pm
  - Jan 23 Vocations Talk @ Noon  
Grenoble Hall
  - Jan 24 Youth Rally and  
March for Life
  - Jan 25 EC Mtg @ 7pm/Rectory
  - Feb 5 SU Mtg/ Jr Sodality
  - Feb 6 Mass & Mtg @ 8am  
SU Raffle Tickets/\$ Due
  - Feb 22 EC Mtg @ 7PM/Rectory  
News Items Due
  - Mar 4 Jr Sodality Mtg @ 6:30pm
  - Mar 5 SU Mtg
  - Mar 6 Mass & Mtg @ 8am
- Newsletter Published

## Prefect's Perspective

**"Thank you"** seems such an inadequate expression of the gratitude I have in my heart for those of you and our sisters of the Ladies of Charity (many of you are both) who pitched in and helped set up, served, and/or cleaned up for the two receptions for Father Tappe's 25<sup>th</sup> Anniversary celebration. It could not have happened so smoothly without you. You certainly demonstrated the way of life of a Sodalist and I have a greater appreciation for that life because of your example.

As we begin this new year, let us continue to focus on our faith journey and how we as individuals and as the St. Hugh's Sodality of Our Lady may continue to grow in holiness and in reaching out to others.

Let us join the Holy Father in his prayer intentions for the new year:

For **January** we pray that the riches of creation be preserved, valued and made available to all, as a precious gift from God to mankind.

In **February**, let us pray that the family may be respected by all in its identity and that its irreplaceable contribution to all of society be recognized.

May God guide you in the way of grace this 2011.

Happy New Year !

Laurie

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## Around the Sodality

We are so excited to learn that our very own **Bridget McDermott** was a recipient of the first time ever **Manifesting the Kingdom Award** from Cardinal Wuerl. The Cardinal announced the names of the recipients during a Mass in celebration of his 25th Jubilee as a bishop, on Epiphany Sunday, January 2, 2011, at the Basilica of the National Shrine of the Immaculate Conception.

--- see page 3 for her photo and story

# Rainbow Breakfast Casserole \*

\*Prepare this casserole the night before you plan to bake and eat it.

- 2 - medium or 1 - large onion, peeled and diced
- 1 – 1-lb. bag, frozen cut leaf spinach, thawed and drained
- 8 oz. shredded Swiss cheese, divided
- 4 - 5 ripe plum tomatoes, sliced approx. ¼” thick
- Freshly ground black pepper (to taste)
- 1/2 – small butternut squash, peeled and diced
- 3 tbsp. olive oil, divided
- 1 – medium green pepper, seeded and sliced into rings
- 1 – medium red pepper, seeded and sliced into rings
- 12 – medium eggs (or 10 – large)
- 2 – cups Half and Half (I used fat free)

Spray a 9” x 13” glass baking dish with vegetable spray, set aside. In a medium skillet with lid, over medium heat, sauté onions in 1 tbsp. olive oil, uncovered; stirring constantly until the onions start to caramelize (turn brown). Remove from heat. Evenly spread sautéed onions into the bottom of the prepared baking dish. Into the now empty skillet, add diced butternut squash and remaining 2 tbsp. of olive oil. Cover. Return skillet to heat, stirring occasionally, until the squash softens and changes to a more translucent color. Remove from heat, cool completely.

While the squash is cooking, layer the spinach, 2/3 of the Swiss cheese, and the sliced tomatoes evenly on top of the onions in the baking dish. Sprinkle with freshly ground black pepper (to taste). When the squash has cooled, spread it evenly on top of the ingredients in the baking dish. Set aside.

In a large mixing bowl, beat the eggs on high speed using an electric mixer until they are frothy and thick, about 2 minutes. Gradually add in the half and half and beat for about a minute more. Pour the egg mixture into the baking dish, being careful not to disturb the layers. Garnish with red and green pepper slices and remaining Swiss cheese. Cover tightly and refrigerate overnight. In the morning, remove the baking dish from the refrigerator and uncover. Place into a cold oven. Turn on the oven and bake at 350 degrees Fahrenheit for 1 hour and 15 minutes. Turn off the oven, leaving the baking dish in the oven for 10-15 minutes more. Remove baking dish from oven and serve immediately.

*Thank you, Cindy Perry, for sharing this most delicious recipe.*

## *Prayer Corner*

I shall not pass this way again;  
and any good therefore that I can do,  
or any kindness that I can show,  
let me do it now.

Let me not defer it or neglect it,  
for I shall not pass this way again.

...from card #007 Trinity Missions Silver Spring, MD 20907



## *Happy Birthday Sodalists*

Veronica Penick	Jan.10
Rosemary Sorber	Jan.13
JoEllen Sarff	Feb.7
Kathleen McFarland	Feb.9
Peggy Compton	Feb. 13
Marguerite Kincius	Feb.27



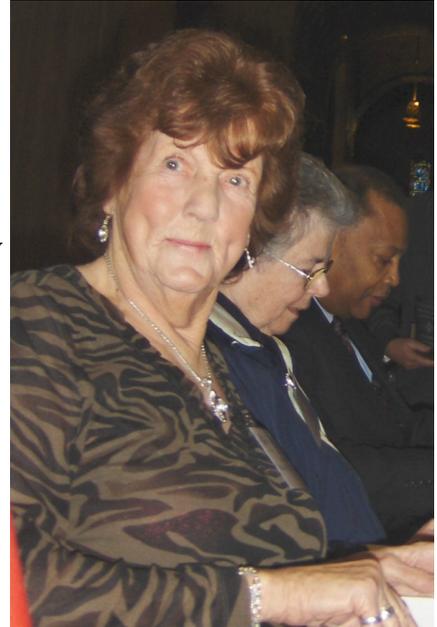
## Manifesting the Kingdom of God

Our very own Bridget McDermott received a Manifesting the Kingdom Award from Cardinal Donald Wuerl on Sunday, January 2, 2011. She and nearly 200 others received this award during a recognition ceremony held at the Basilica of the National Shrine of the Immaculate Conception in Washington, DC.

The award honors those who help shine Christ's light to others through their service to the church. Cardinal Wuerl compared the honorees to the Magi who brought gifts to the Christ-child and thanked the honorees for their gifts of time, talent, energy and love.

As we members of the Sodality can attest, Bridget has always been generous with her gifts to the Lord, serving as sacristan, cleaning and decorating the church, serving as an extraordinary minister of the Eucharist, being active in the Sodality and in the Ladies of Charity and in helping in so many ways it is hard to count them all.

Congratulations, Bridget and thank you for manifesting the kingdom to others so beautifully!



*Thank you Cindy Perry for this article and photo.*

## Book of the Month

In the spirit of Vocations Awareness Month, I would like to suggest a book that was reviewed by Elizabeth Yank, for the October 2010 issue of the *St. Anthony Messenger* magazine. The book?

**Discerning the Will of God: An Ignatian Guide to Christian Decision Making**  
by Timothy M. Gallagher, O.M.V. Crossroad Publishing Co. 159pp. \$16.95.

In her review Yank, a mother of six children, said she found the book so engaging that it was difficult to put down. She said it kept her attention from page one because it was easy to read and understand and because the author used situations that were relatable to everyday life. She added, that whether the questions we ask ourselves are simple or profound, Gallagher provided the reader with the tools that can be used to reach thoughtful, faithful, and prayerful responses.

Timothy Gallagher is also the author of a book on discerning the spirits, and both books came highly recommended by my Spiritual Direction professor at Loyola University.

If you're reading a good book, let us know about it. Send your review to **miwade1281@yahoo.com** and share it with others.

Enjoy !

# The Marian Messenger

Sodality of Our Lady

ST. HUGH OF GRENOBLE  
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Mary Wade, Editor

2010-2012

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## January is Vocations Awareness Month

St. Hugh of Grenoble Catholic Church has set aside the month of January as **Vocations Awareness Month**. On Sunday, January 23rd, we will celebrate with a program in Grenoble Hall following the 11:00AM Mass. One of our guest speakers, Sr. Lena May, S.A.C., travels from St. Louis, Missouri during odd numbered months in order to teach about vocations to the students at Pallotti High School in Laurel. She will share her personal vocation story and what it is like to live in a religious community. Our fellow parishioners, Sean Bailey and Chip Luckett will share their Christian vocations with us as well.

Please join us for a delightful and informative event.

A light lunch will be available.



## Reminder...

Our lector for the 8 a.m. Mass on **February 6th** is **Suzanne Lomax**.

**Laurie Njoku** will provide **flowers** for the BVM statue.

**Cindy Perry** and **Bridget McDermott** will be our **gift bearers**.

Our lector for our 8 a.m. Mass on **March 6th** is **Mary Wade**.

**Barbara Ford** will provide **flowers** for the BVM statue.

**Henrietta Stattel** and **Blanche Rumbold** will be our **gift bearers**.

Thank you.



Visit us on the parish web-site:

[www.sthughofgrenoble.org/sodality](http://www.sthughofgrenoble.org/sodality)

