



The Marian Messenger

Bi-monthly newsletter of the Sodality of Our Lady

Mary, Our Mother, Teach Us To Shine Your Quiet Light On Our Pathway to Jesus

Find us on the church website at...
www.sthughofgrenoble.org

Prefect's Perspectives

Early Christmas morning I was seated on an airplane headed to Atlanta to spend Christmas with family. A little girl about 8 or 9 years old was brought on the plane. She was traveling alone. Making conversation, the flight attendant asked her if she received any gifts. She said she had two. The flight attendant then said, "So Santa came to visit last night?" The girl replied, "My mother told me he was not real." Many of the adults gasped in disbelief. To me this was sad, but not as sad as the thought that at 7:30 on Christmas morning, this child was alone. Did she know about the most precious gift of Christmas – the Christ child? The One who loves her?

As you read this, Christmas will be but a memory and we will be looking towards Lent and Easter. So as we think about what special act of charity we might do this Lent, perhaps we might pray for the children of the world, especially those who may live in difficult situations – that they may know that the One who was laid in a lowly manger came to ultimately give us abundant life through His suffering, death and resurrection. "For God so loved the world..." John 3:16

P.S. It happened that I wrote this on the Feast of the Holy Innocents.
Laurie

PRAYER CORNER

Let us remember our fellow Sodalists and parishioners in our prayers...

- Gloria Wilson
- Peggy Compton and her son, Bobby

Calendar of Events

- Feb 4 Sodality Union Meeting
- Feb 5 Mass and Rosary @ 8am
Meeting in Grenoble Hall
- Feb 18 Fr.Hurd's Farewell Mass & Reception
- Feb 28 EC meeting @ 7pm/Rectory
- Mar 3 SU @ St.Hugh/Jr Sod.Program
- Mar 4 Sodality Mass & Rosary @ 8am
Meeting @ 9-10:30am
- Mar 10-11 White Elephant Sale/Bake Sale & Coffee Social
Membership Drive
- Mar 30 Feast of St.Hugh Mass and Celebration
- April 1 Sodality Mass - No meeting

A Forgiveness Prayer

Forgive us Lord, as we forgive, you taught us, Lord, to pray,
 But you alone can grant us grace to live the words we say.

How can your pardon reach and bless the unforgiving heart,
 That broods on wrongs and will not let old bitterness depart?

In blazing light your cross reveals the truth we dimly knew:
 What trivial debts are owed to us, how great our debt to you!

Lord, cleanse the depths within our souls and bid resentment cease.
 Then, bound to all in bonds of love, our lives will spread your peace.

- - Rosamund Herblots

New Year's Eve at the Washington Retreat House

---from notes taken and shared by Marti Galvin

Retreat leader: Fr. Daniel Francis, a Redemptorist priest. Email: danielcnsr@gmail.com

The theme of the retreat was our images of God. Father Daniel invited the retreat participants to recall their image of God as a child. Is our God a God of forgiveness? Just as a married couple can grow to look like each other, can they grow to look like God, in the image of God? Our God has given us many gifts, such as life. Do we pray in a way that is life-giving? Do we allow God to change us?

Father challenges all of us to imitate this God, our God of love - - -

L - Listen to one another.

O - Overlook the faults of others. Do not hold a grudge. Do not hold on to the past.

V - Verbalize your love, not your condemnation. Before you speak ask: Is it true?

Is it necessary? Is it loving? If you can say "YES" to all three, then be loving. Say often, "I'm sorry. I love you."

E - Effort; make the effort to be like God. It is not easy to say "I'm sorry. I love you." Say it anyway. God's son is our example of total love. Be like God; LOVE.

Bok Choy Salad

From Mellissa Sheguoe via *Kathy Labukas*

2 (3 ounce) packages Ramen noodle soup mix
 1/2 cup sunflower seeds
 3 tbsp. slivered almonds
 1/2 cup sugar
 1/4 cup olive oil
 1/4 cup cider vinegar
 2 tbsp. soy sauce
 1 bok Choy chopped (about 1 1/2 to 2 lbs.)
 6 green onions, chopped

Remove flavor packets from soup mix (do not use them); crumble noodles.
 Combine noodles, sunflower seeds, and almonds.
 Spread on a 15x10- inch jellyroll pan.
 Bake at 350 degrees for 8-10 minutes or until golden brown.

Set aside. Bring sugar and next 3 ingredients to a boil in a saucepan over medium heat.
 Remove from heat and let cool.

Place bok choy and green onions in a large bowl.
 Drizzle with sugar mixture.
 Add Ramen noodles to the mixture, tossing well.
 Serve immediately. Yield: 6-8 servings.
 You can add 1 or 2 grilled chicken breasts and cut them small and add to the salad.

Pineapple Bread Pudding

---JoEllen Sarff

1/4 c melted butter
 5 c cubed bread* (I trim off crust before I cut bread into cubes)
 20 ounce can crushed pineapple (do not drain)
 2 egg, beaten
 3/4 c evaporated milk
 1 1/2 c sugar

Combine all ingredients and pour into greased baking dish. Bake at 350 for 45 minutes or until golden brown.

*I used whole wheat bread, but you can use substitute white bread.

An Invitation to First Friday Adoration

I would like to extend a special invitation to members of the Sodality to join me and other fellow parishioners in First Friday Adoration. This is a uniquely Catholic devotional tradition. We spend an hour in the church, in prayer and adoration before the Blessed Sacrament, which is exposed on the altar in a beautifully ornate monstrance. As Catholics we all firmly believe and hold close to our hearts the real presence of our Lord Jesus Christ in the Eucharist. It is the celebration of the Eucharist at Mass that is the center of the life of the Church. It is in Holy Communion that we receive the sacred body and blood of Christ. We are nourished by this most divine of gifts and treasure God's intimate presence among us. Eucharistic adoration draws inspiration from this most sacred liturgy and points us back to it, constantly reminding us that it truly is the "source and summit" of our faith and our life as Christians. Pope John Paul II said it best: "The worship given to the Trinity of the Father and of the Son and of the Holy Spirit... must fill our churches also outside the timetable of Masses... This worship must be prominent in all our encounters with the Blessed Sacrament... Adoration of Christ in this sacrament of love must also find expression in various forms of Eucharistic devotion: personal prayer before the Blessed Sacrament, hours of adoration, periods of exposition... Let us be generous with our time in going to meet him in adoration and in contemplation that is full of faith and ready to make reparation for the great faults and crimes of the world. May our adoration never cease."

First Friday Adoration occurs on the first Friday of every month at 7:00pm. All you need bring is your love of the Lord and the desire to be more close to Him. We pray the rosary during the course of the hour, hear the Word of God in sacred scripture, and conclude with Benediction.

--Deacon Desi Vikor

Help us re-collect the last 65 years of St. Hugh Sodality History

The 65th Anniversary Committee needs to borrow your photos, stories, letters, or anything that you think may shed light on the spiritual and apostolic life and work of our Sodality for the past 65 years.

You may bring it to our next planning meeting

Sunday, February 12 @ 9:15am in Grenoble Hall

or contact: Mary Wade or Marlene Vikor, Committee co-chairs

ST. HUGH OF GRENOBLE
CATHOLIC CHURCH

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Thank You

Thank you to all those who contributed toys and volunteered at the Christmas party/toy store on December 17th. Special thanks to Rita Radich who coordinated the activities for the children and the volunteers. Thanks also to Kathy Schiek and her husband who were picture taking elves with Santa. I didn't realize how expensive Santa pictures are now. This gesture touched several parents. Also, a mother told us that she had lost her job the first of December. She would be starting a new one soon, but did not know how she would provide Christmas to her children. She expressed her gratitude for the toy store.

On a personal note, thanks to you who helped with the Gaudete dinner. While this was not an official event of the Sodality this year, many of you helped anyway. Your help was greatly appreciated. Bishop Holley had a wonderful time.

Laurie

Reminder...

Our lector for February 5: Suzanne Lomax.
Gift bearers: Cindy Perry and Marti Galvin.
Flowers for the BVM: Marti Galvin.

Our lector for March 4: Rita Radich
Gift bearers: Martha Loutsch and Barbara Ford
Flowers for the BVM: Barbara Ford

November, December, January, February & March Birthdays

Nov 1 Gloria Wilson	Nov 15 Franca Onunkwo
Nov 21 Vickie Claflin	Nov 25 Eunice Barber
Dec 15 Joanne Kellaher	Dec 16 Anne Chukwu
Dec 27 Mary Ellen McGovern	Jan 10 Veronica Penick
Jan 13 Rosemary Sorber	Feb 7 JoEllen Sarff
Feb 9 Kathleen McFarland	Feb 13 Peggy Compton
Feb 27 Marguerite Kincius	Mar 2 Barbara Ford
Mar 22 Martha Loutsch	Mar 23 Frances Marra
Mar 24 Laurie Njoku	Mar 25 Gail Sockwell-Thompson

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